



St Peter's Catholic High School

JAC/ABA

A Specialist Visual Arts College



6th September 2017

Dear Parents/Carers,

I am writing to remind you of the appropriate kit and team safety requirements necessary for P.E. lessons and extra-curricular sports.

The P.E. Department **STRONGLY RECOMMENDS** all pupils wear a gum shield and head guard for rugby, shin pads for football and both gum shields and shin pads for hockey. These items can be purchased relatively cheaply from most sports shops, although dental fitted gums shields do offer better protection than the boil and fit versions available over the counter. All students have been informed and should have a copy in their planner of when they will be participating in each activity, and should equip themselves appropriately for these lessons. Year 7 will be informed following their baseline assessment.

I would also like to take this opportunity to introduce you to the Department's policy regarding bringing kit to lessons. **ALL** students must **ALWAYS** bring their kit to lessons, even if they have a note requesting permission to be excused from P.E. and will be given tasks to do in line with the National Curriculum requirements. Despite the fact that they cannot take a physically active part in the lesson, they still participate by coaching, umpiring or taking on another role which they can physically achieve despite their injury, and therefore must be dressed appropriately. This has worked very well over the years, with students enjoying the challenge of adopting new roles within the lesson. Any pupils injured or excused for a long period of time must produce a doctor's note confirming the reason.

Pupils are NOT ALLOWED to bring in aerosol products i.e. deodorants, body sprays or perfume to use in school or in the P.E. changing rooms. Roll on deodorants are acceptable or shower facilities are available if required. Any pupil found using an aerosol product will be dealt with following the school's code of conduct. Boys are also not permitted to wear their rugby training kit for PE lessons. This does not form part of the school P.E. kit and can only be worn for training or matches.

Asthma sufferers must ensure that they have their inhaler with them at all times during the lesson and a spare one kept with Mrs Houghton at the Pupil Services Office. Pupils must ensure that any other medication that is required is with them at all times.

May I also take the chance to request that all P.E. kit and uniform is clearly labelled on every item, as we are concerned at the large number of pupils who seem to misplace their kit. When found we hold on to the kit for a period of time, but are unable to return it to the owner unless it is named.

The Department would also like to thank you for your continued support and whilst we appreciate the time and effort this requires it is and should be seen as an honour to represent St Peter's very successful sports teams. We therefore expect a level of commitment from all pupils selected and the understanding that not all pupils can be selected all of the time.

Your son/daughter is well aware of all the information above and you should understand that all policies are based on our determination that all pupils gain as much as possible from every experience in P.E.

Yours sincerely,

A Jackson

A. Jackson (Miss)
Head of P.E.

Howards Lane, Orrell, Wigan WN5 8NU

Tel: 01942 747693 Fax: 01942 747 694

Email: enquiries@admin.saintpetershigh.wigan.sch.uk

Web: www.saintpetershigh.wigan.sch.uk

Headteacher: Mr. A. McGlown M.A. (Oxon) N.P.Q.H